



# We are your care team



As a patient of this clinic, you have access to a team of health care professionals who will work closely to help with your medical and behavioral health needs. Each member of your care team is trained to make sure your care is being met.

Please let your primary care provider know if you would like to meet with any of us.

## Pharmacist

Will work with you and your primary care provider to review medications, and:

Talk to you about difficulties taking a medication.

Speak to your primary care provider if you have concerns about your medication.

Identify medication you may no longer need.

Talk with you about how to take your medications, and any possible side effects.

Track how you are responding to your medications.

Make sure you have your medications after being discharged from the hospital.

## Behavioral health consultants

Will work with you and your primary care provider to improve your physical, behavioral and emotional health when dealing with:

Depression.

Grief and loss.

Improving diet and physical activity.

Anxiety.

Trauma.

Substance abuse.

Sleep problems.

Lifestyle issues.

Work satisfaction.

Weight management.

Chronic pain.

Situational issues.

## Community resource coordinators

Will connect you with resource to help improve your overall health, including help with:

Housing.

Access to food.

Financial help with budgeting and utility, medication and telephone costs.

Transportation.

Insurance.

Finding a caregiver.

Caregiver support.

Connecting with veterans assistance.

Substance abuse referrals.

Assisted living facilities.

Other needed resources.

## Care managers

Registered nurses will work with you and your primary care provider to:

Educate you, your family and caregivers about how to manage your medical condition.

Work with your other care team members.

Support your health care goals.

Develop a plan to improve your overall health.

## Clinic nurses

Will provide support when you are recovering from a recent hospitalization, emergency room visit or after treatment for a chronic health condition. The nurse will:

Coordinate care between a specialist and your primary care provider.

Provide education about your medical condition.

Provide medication review and talk about your treatment plan.

Monitor your recovery after your hospitalization or emergency room visit.

Coordinate care with other care team members.